mortar rubble	Earth (common loam): 72 to 80  Dry, loose 90 to 100  Moist, moderately packed 110 to 120	Car mile I hose)
100 to 140	72 to 80 90 to 100 110 to 120	15 to 36
140 150	80 100 120	6 8
Pine (American white) 1,830 to 2,580	Fir (balsam)HemlockMaple	Trate and in loose piles
		Pourds pur 1,000 board feet.
22 to 23 to 22 to dryne	28 to 39 to 37 to	14

26 31 47 56 31 31

# Common Rules of Measurement.

103

The wood is supposed to be seasoned and of average dryness.

Mortar, hardened ---

	Cylinder	Circle(Circu	Solid with rectangular sides	Rectangle
	Cylinder	Circumference = $3.1416 \times \text{diameter.}$ $= 0.7854 \times \text{diameter.}$	Solid with rectangular sidesVolume = length $\times$ width $\times$ height.	Rectangle Area = length × width.
(OVER)				

BUREAU OF STANDARDS
S. W. STRATTON, Director



# DEPARTMENT OF COMMERCE BUREAU OF STANDARDS

S. W. STRATTON, Director

### MISCELLANEOUS PUBLICATIONS-NO. 39

# HOUSEHOLD WEIGHTS AND MEASURES

The object of this card is to present in convenient form the weights and measures tables most useful for household purposes.

In addition to the capacity measures illustrated, every kitchen should be provided with a good household weights and measures test set. This will be found indispensable in checking the amounts of commodities purchased and very useful for a variety of other purposes. A complete set comprises a weighing scale of from 10 to 30 pounds capacity or more graduated to 1 ounce or less, a set of liquid measures, a yard measure or a tape 3 or 6 feet in length, and, perhaps, a set of dry measures. These pieces should be of simple but rugged construction and of satisfactory accuracy and should, whenever possible, be tested by and bear the seal of a weights and measures official.

### Common Kitchen Measures.

### EQUIVALENTS OF CAPACITY.

(All measures level full.)

3 teaspoons ½ fluid ounce	=    -   l tablespoo
16 tablespoons	=)
2 gills	= \ 1 cup.
½ liquid pint	= ( r cup.
8 fluid ounces	=]
1 liquid pint	=) -

16 fluid ounces

2 barrels



### Liquid Measure.

= 1 hogshead.

4	fluid ounces	=	1 gill.
4	gills	=	1 pint.
2	pints	=	1 quart.
4	quarts _	=	1 gallon (231 cubic i
314	gallons	-	1 barrel.

# Dry Measure.

(For fruits, vegetables, and other dry commodities.)

2 pints = 1 quart. 8 quarts = 1 peck.

4 pecks = 1 bushel (2150.42 cubic inches).

105 quarts = 1 barrel (7056 cubic inches).

The pint and quart dry measures are about 16 per cent larger than the pint and quart liquid measures.

### Avoirdupois Weight.

nches).

## Approximate Weights of Some Common Dry Commodities.

Pounds per busbel.	Pounds per bushel.			
Apples 48	Peaches 48	Ice:		Rice: 1 cup $= \frac{1}{2}$ pound.
Beans. 60	Peanuts	1 cubic foot	= 57.2 pounds.	Cornmeal: 1 cup = 5 ounces.
Beets 60	Pears 58	30 cubic inches	= 1 pound.	Raisins (stemmed):
Carrots 50	Peas (dried) 60	Sugar, granulated:		1 cup = 6 ounces.
Cranberries, 32	Peas (green, unshelled) 56	1 cup	$=$ $\frac{1}{2}$ pound.	Currants (cleaned):
Cucumbers 48	Potatoes (white) 60	Butter: 1 cup	= ½ pound.	1 cup = 6 ounces.
Onions 57	Potatoes (sweet) 54	Lard: 1 cup	$=\frac{1}{2}$ pound.	Bread crumbs (stale):
Parsnips 50	Tomatoes 56	Flour: 1 cup	= } pound.	1 cup = 2 ounces.
	Turnips 55			Chopped meat
				(packed): 1 cup = $\frac{1}{2}$ pound.

These weights are approximate only and should therefore not be used in determining whether correct measure is given or received.

<sup>&</sup>lt;sup>4</sup> Circular of the Bureau of Standards No. 55, entitled "Measurements for the Household," contains in popular form a large amount of information which is very useful about the home. In addition to discussing weighing and measuring as done in the up-to-date kitchen, this circular treats of the measurement and economical use of heat, light, gas, electricity, water, time, etc. Copies may be obtained from the Superintendent of Documents, Government Printing Office, Washington, D. C., at 15 cents each.